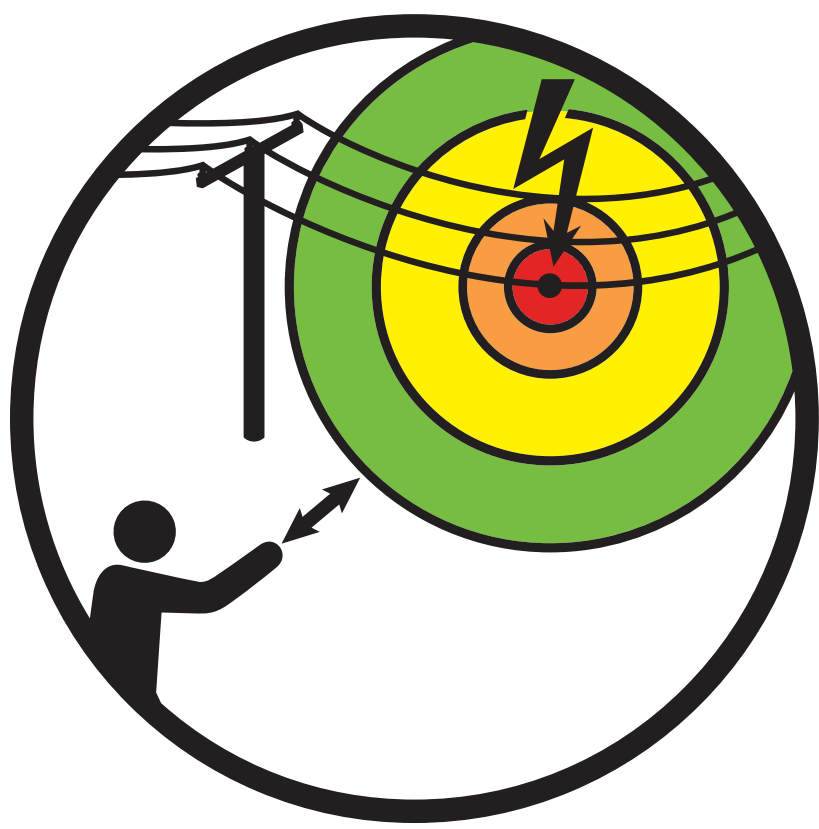


# Notice

## The Life Saving Rules for BC Hydro employees and contractors

Have the Courage to Intervene if you see an unsafe act or condition or you observe someone unfit for work.



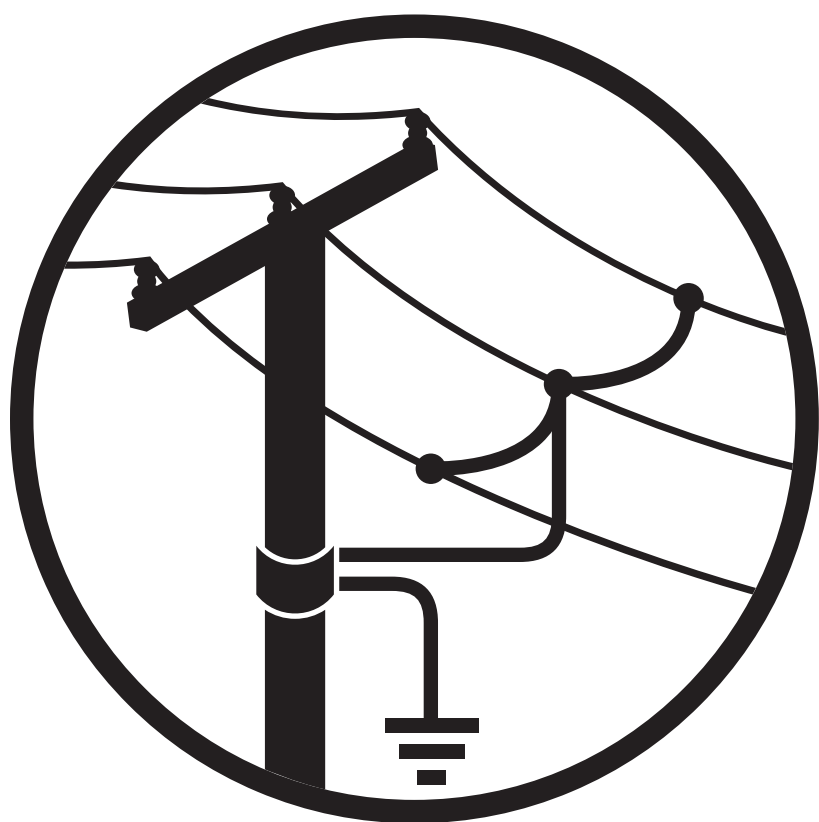
**1** Maintain your Limits of Approach



**2** Ensure there is a Safety Protection Guarantee or Lock out in place and check that it is appropriate for your work



**3** Test for hazardous energy



**4** Ensure that worker protection grounding/Bonding is applied



**5** Protect yourself from falling when working at height



**6** Maintain a safe atmosphere in a confined space and ensure you can be rescued



**7** Prevent harmful exposure to known carcinogens, toxins and bio-hazards



**8** Don't work while under the influence of alcohol or drugs



**9** Adjust your driving to the weather and road conditions